Mental and Emotional Health Terminology

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  | 1C |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  L |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  O |  |  |  | 2C |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 3P |  H |  Y |  S |  I |  O |  L |  O |  G |  I |  C |  A |  L |  R | 4E |  S |  P |  O |  N |  S |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  U |  |  |  |  N |  |  |  |  |  |  |  M |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  R |  |  |  |  S |  |  |  |  |  |  |  P |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  E |  |  | 5S |  T |  I |  G |  M |  A |  |  | 6A |  N |  X |  I |  E |  T |  Y |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | 7G |  |  R |  |  |  |  |  |  |  T |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 8D |  |  |  |  |  |  |  R |  |  U |  |  | 9A |  P |  A |  T |  H |  Y |  | 10R |  |  |  |  |  |
|  |  |  | 11I |  |  E |  |  |  |  |  |  |  I |  |  C |  | 12P |  |  |  |  |  Y |  |  |  E |  |  |  |  |  |
|  |  |  |  N |  |  P |  |  | 13S |  E |  L |  F |  E |  S |  T |  E |  E |  M |  | 14R |  |  |  |  |  S |  |  |  |  |  |
|  |  |  |  T |  |  R |  |  |  |  |  |  |  F |  |  I |  |  R |  |  |  O |  | 15D |  |  |  I |  |  |  |  |  |
|  |  |  |  E |  |  E |  |  |  |  |  |  |  |  |  V |  |  C |  |  |  L |  |  I |  |  |  L |  |  |  |  |  |
|  |  |  |  G |  |  S |  |  |  |  | 16C |  O |  M |  P |  E |  T |  E |  N |  C |  E |  |  S |  |  |  I |  |  |  |  |  |
|  |  |  |  R |  |  S |  |  |  |  |  |  |  |  |  C |  |  P |  |  |  M |  |  T |  |  |  E |  |  |  |  |  |
|  |  |  |  I |  |  I |  | 17S |  T |  R |  E |  S |  S |  O |  R |  |  T |  | 18M |  O |  U |  R |  N |  I |  N |  G |  |  |  |  |
|  |  |  |  T |  |  O |  |  |  |  |  |  |  |  |  I |  |  I |  |  |  D |  |  E |  |  |  C |  |  |  |  |  |
|  |  |  |  Y |  |  N |  |  | 19A |  L |  I |  E |  N |  A |  T |  I |  O |  N |  | 20E |  U |  S |  T |  R |  E |  S |  S |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  I |  |  N |  |  |  L |  |  S |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  C |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 21H |  O | 22S |  P |  I |  T |  A |  L |  I |  T |  Y |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  Y |  |  S |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  M |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  P |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | 23S |  E |  L |  F |  A |  C |  T |  U |  A |  L |  I |  Z |  A |  T |  I |  O |  N |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  T |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | 24C |  H |  A |  R |  A |  C |  T |  E |  R |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  Y |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across****3.** Reaction that triggers a bodily or physical response to a stimulus**5.** A mark of disgrace associated with a particular circumstance**6.** A nervous disorder with excessive uneasiness**9.** Lack of interest, enthusiasm, or concern**13.** Confidence in one's own worth**16.** The ability to do something successfully or efficiently**17.** A external stimulus or event that causes stress to a organism**18.** The expression of deep sorrow for someone who has died**19.** The state of being isolated from a group**20.** Psychological stress that is beneficial for the experiencer**21.** The friendly and generous reception of strangers**23.** The realization of one's talents and potentialities**24.** The mental and moral qualities distinctive to an individual | **Down****1.** The act or process of closing something**2.** Advice that is useful and intended to help or improve something**4.** The ability to understand and share the feelings of another**7.** Deep sorrow**8.** Feelings of severe despondency and dejection**10.** The capacity to recover quickly from difficulties**11.** The quality of being honest and having strong moral principles**12.** The ability to become aware of something by senses**14.** A person looked to by others**15.** Extreme anxiety, sorrow, or pain**22.** Feelings of pity for someone else's misfortune |