Mental and Emotional Health Terminology

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|  |  |  |  | 2  C | H | A | R | A | C | T | E | R |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  | 7  R | E | S | I | L | I | E | N | C | E |  | 8  E | M | P | A | T | H | Y |  |  |  | 9  S |  |
|  |  |  |  |  |  |  |  |  | T |  |  |  | P |  | H |  |  |  |  |  | C |  |  |  |  |  |  | E |  |
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|  |  |  |  |  |  |  | 12  C |  | U |  |  |  | E |  | M |  | O |  |  |  | U |  |  | N |  | 13  M |  | F |  |
|  |  |  |  |  |  |  | L |  | C |  |  |  | S |  | A |  | S |  | 14  S |  | A |  |  | X |  | O |  | E |  |
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| 15  D | I | S | T | R | E | S | S |  | I |  | 16  C | R | I | T | I | C | I | S | M |  | 17  I | N | T | E | G | R | I | T | Y |
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|  |  |  |  |  |  | 18  G | R | I | E | F |  |  | N |  | R |  | I |  | 19  A | P | A | T | H | Y |  | I |  | E |  |
|  |  |  |  |  |  |  | E |  |  |  |  |  |  |  | E |  | T |  | T |  | T |  |  |  |  | N |  | M |  |
|  |  |  |  |  |  |  |  | 20  E | U | S | T | R | E | S | S |  | Y |  | H |  | I |  |  |  |  | G |  |  |  |
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|  |  |  |  |  |  |  |  | 22  C | O | M | P | E | T | E | N | C | E |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Across**  **2.** mental and moral qualities of a person  **7.** capacity to recover quickly  **8.** understand and share the feelings of another  **15.** extreme anxiety, sorrow, or pain  **16.** being judged  **17.** being honest and having strong moral principles  **18.** sadness over death  **19.** lack of intrest  **20.** normal mental stress that is beneficial for person  **22.** ability to do something successfully  **23.** mark of disgrace  **24.** how you view something | **Down**  **1.** a person to look up to  **3.** realization of ones potential  **4.** serving a useful purpose  **5.** physical pain from a mental issue  **6.** feeling sad or upset constantly  **9.** how yo view yourself  **10.** being aggressive toward someone  **11.** Stress and nervousness  **12.** bring a situation to an end  **13.** deep sorrow for someone that died  **14.** feelings of pity and sorrow for someone else's misfortune  **21.** something that causes stress |