Mental and Emotional Health Terminology

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|  |  |  |  |  |  |  |  |  | 4C |  |  O |  |  |  | 5P |  |  |  |  |  |  E |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  | 7R |  E |  S |  I |  L |  I |  E |  N |  C |  E |  | 8E |  M |  P |  A |  T |  H |  Y |  |  |  | 9S |  |
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|  |  |  |  |  |  |  | 12C |  |  U |  |  |  |  E |  |  M |  |  O |  |  |  |  U |  |  |  N |  | 13M |  |  F |  |
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| 15D |  I |  S |  T |  R |  E |  S |  S |  |  I |  | 16C |  R |  I |  T |  I |  C |  I |  S |  M |  | 17I |  N |  T |  E |  G |  R |  I |  T |  Y |
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|  |  |  |  |  |  |  |  | 20E |  U |  S |  T |  R |  E |  S |  S |  |  Y |  |  H |  |  I |  |  |  |  |  G |  |  |  |
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| **Across****2.** mental and moral qualities of a person**7.** capacity to recover quickly**8.** understand and share the feelings of another**15.** extreme anxiety, sorrow, or pain**16.** being judged**17.** being honest and having strong moral principles**18.** sadness over death**19.** lack of intrest**20.** normal mental stress that is beneficial for person**22.** ability to do something successfully**23.** mark of disgrace**24.** how you view something | **Down****1.** a person to look up to**3.** realization of ones potential**4.** serving a useful purpose**5.** physical pain from a mental issue**6.** feeling sad or upset constantly**9.** how yo view yourself**10.** being aggressive toward someone**11.** Stress and nervousness**12.** bring a situation to an end**13.** deep sorrow for someone that died**14.** feelings of pity and sorrow for someone else's misfortune**21.** something that causes stress |