Middelmisbruk

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| **Across**  **3.** Die behandeling van \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ behels om die aantal kalorieë wat jy inneem te verminder.  **7.** ‘n Vals gevoel van intense geluk  **10.** Dagga en alkohol val in ‘n kategorie bekend as \_\_\_\_\_\_\_\_\_\_\_\_\_\_.  **12.** Kafeïen, nikotien en kokaïen val in ‘n kategorie bekend as \_\_\_\_\_\_\_\_\_\_\_\_\_\_.  **13.** Die impak van middelmisbruik is as verskeie \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sigbaar.  **14.** Depressante veroorsaak dat die boodskappe in die brein met die senuwees langs \_\_\_\_\_\_\_\_\_\_\_\_\_\_ oorgedra word.  **15.** Stimulante veroorsaak dat die boodskappe in die brein met die senuwees langs \_\_\_\_\_\_\_\_\_\_\_\_\_\_ oorgedra word. | **Down**  **1.** Die meeste ontspanningsdwelms is \_\_\_\_\_\_\_\_\_\_\_\_\_\_.  **2.** Een van die gedragsimpton=me van middelmisbruik \_\_\_\_\_\_\_\_\_\_\_\_\_\_(Onnodig of abnormaal bang of agterdogtig).  **4.** Alkohol, dagga en \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is voorbeelde van depressante  **5.** MIV is ‘n \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ wat die liggaam se immunsisteem verswak.  **6.** \_\_\_\_\_\_\_\_\_\_\_ kan meestal met antibiotika en ander medikasie behandel word.  **8.** Opiate kopieer die breinhormone wat jou laat goed voel, genaamd \_\_\_\_\_\_\_\_\_\_\_, en bring ‘n toestand van rustigheid mee.  **9.** Heroïne, morfien en opium val in ‘n kategorie bekend as \_\_\_\_\_\_\_\_\_\_\_\_\_\_.  **11.** Party dwelms soos heroïen, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ en tik kan tot ‘n vloeistof verwerk word. |