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Motivation and Emotions

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| **Across****3.** The theory that an emotion-provoking stimulus is transmitted simultaneously to the cerebral cortex, **4.** experience of feelings that underlies behavior; activates and effects behaviors but difficult to predict behavior; ex. Fear, joy, surprise**7.** A state of alertness and mental and physical activation**11.** eating disorder; severe weight loss accompanied by obsessive worrying about weight gain **12.** idea that your body returns to a preprogrammed weight**13.** The theory that emotional feelings result when an individual becomes aware of the physiological response **14.** A lie-detecting device that detects changes in heart rate, blood pressure,**15.** eating disorder; recurrent episodes of binging and purging | **Down****1.** The part of the hypothalamus that acts as a satiety (fullness) center to inhibit eating**2.** The part of the hypothalamus that acts as a feeding center to incite eating**5.** A two-factor theory stating that for an emotion to occur, there must be (1) physiological arousal and (2) a cognitive interpretation **6.** The natural tendency of the body to maintain a balanced internal state in order to ensure physical survival**8.** All the processes that initiate, direct, and sustain behavior**9.** An external stimulus that motivates behavior (for example, money or fame)**10.** Needs or desires that energize and direct behavior toward a goal |