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Motor Learning

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| **Across**  **9.** the classification given when a movement uses small muscles for precision  **11.** The classification given to a movement when it is performed in a predictable environment.  **13.** A movement that has an obvious begin and end is categorised as a \_\_\_\_\_ movements.  **14.** Feedback that occurs after performance  **15.** A series of \_\_\_\_\_\_\_\_\_\_\_\_ organised into the correct sequence and timing to perform a movement is called a motor program.  **19.** Evaluating how well you did is a skill is knowledge of \_\_\_\_\_\_\_\_\_\_.  **20.** The classification given to a movement when it uses large muscles for big movements.  **21.** Looking at the length you jumped in long jump is knowledge of \_\_\_\_\_\_\_\_\_\_\_\_. | **Down**  **1.** The third stage of learning.  **2.** An activity that requires voluntary muscular movement to achieve a goal or task  **3.** Feedback that comes from external sources is called \_\_\_\_\_\_\_\_\_ feedback.  **4.** Feedback that occurs during a performance.  **5.** A movement that does not have an obvious beginning and end.  **6.** A change in the capability of a person to perform a skill as a result of practice and experience.  **7.** Lots of discrete movements performed in a sequence.  **8.** Feedback that comes from the senses is called \_\_\_\_\_\_\_ feedback.  **10.** The second stage of learning  **12.** The better the learner you are the less \_\_\_\_\_ you make.  **16.** The classification given to a movement when it is performed in an unpredictable environment.  **17.** Something that helps to break down a skill so that technique can be studied for improved performance  **18.** The first stage of learning |