Muscles of the Forearm and Hand

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| **Across**  **2.** The \_ longus is a wrist flexor that attaches to medial epicondyle of humerus and palmar aponeurosis  **4.** The flexor carpi \_ abducts the wrist (radiocarpal joint)  **7.** Supinates the forearm  **8.** The extensor \_ assists the digitorum in extending the index finger  **13.** Abductor pollicis longus, extensor pollicis longus/ brevis, and flexor pollicis longus are considered long muscles of the \_  **15.** Abductor digiti minimi, flexor digiti minimi brevis, and opponens digiti minimi make up the \_ group  **16.** The extensor radialis \_ attaches to lateral humerus and SECOND metacarpal  **17.** The flexor digitorum \_ attaches to medial epicondyle of humerus and sides of middle phalanges (2-5)  **18.** The pronator \_ attaches to medial epicondyle of humerus and lateral radius  **19.** Lumbricals of the hand, plamar interossei, and dorsal interossei make up the \_ group  **20.** The flexor carpi \_ adducts the wrist (radiocarpal joint) | **Down**  **1.** The extensor carpi \_ attaches to lateral humerus and FIFTH metacarpal  **3.** The flexor digitorum \_ attaches to anterior ulna and distal phalanges (2-5)  **5.** Elbow flexor that attaches to lateral humerus and styloid process of radius  **6.** The extensor \_ produces extension of the second through fifth fingers  **9.** Strong elbow flexor that attaches to anterior humerus and coronoid process of ulna  **10.** Abductor pollicis brevis, flexor pollicis brevis, opponens pollicis, and adductor pollicis make up the \_ group  **11.** The pronator \_ attaches to distal ulna and distal radius  **12.** Weak elbow extensor that attaches to lateral humerus and posterior ulna  **14.** The extensor radialis \_ attaches to lateral humerus and THIRD metacarpal |