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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Muscular System

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| **Across****7.** What muscle is on the side of our torso?**10.** Muscles in the top, front of our legs.**13.** Muscles in the top, front of our arms, abbrev. **14.** Our muscles can relax and \_\_\_\_**15.** Muscle by our stomach. | **Down****1.** Lifting weights help keep our muscles \_\_\_\_.**2.** Smallest muscle in the body.**3.** Muscles in the top, back of our arm**4.** The muscles around our diaphragm allow for it to \_\_\_ and contract.**5.** Show off a muscle.**6.** The type of muscle near our bones.**8.** The largest muscle is the gluteus**9.** Type of muscle in the heart.**11.** The type of muscle that surrounds our organs.**12.** Shoulder muscle. |