Muscular System Crossword Puzzle

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| **Across**  **3.** The large muscle at the front of the thigh, which is divided into four distinct portions and acts to extend the leg.  **12.** The largest and the outermost layer of the gluteal muscles.  **13.** It is the largest muscle in the entire muscle.  **14.** Any of several muscles having three points of attachment at one end, particularly the large muscle at the back of the upper arm.  **15.** The large muscle at the front of the upper arm that flexes the forearm.  **17.** A large muscle of the upper chest wall that acts on the joint of the shoulder.  **18.** The smallest, thinnest, and deepest of the gluteal muscles.  **19.** The tendon that connects the calf muscle to the heel. | **Down**  **1.** The \_\_\_\_\_\_\_\_\_\_\_\_ is located in the front of the body. It is where the 'six pack' is located.  **2.** An abdominal muscle whose action diminishes the capacity of the abdomen and draws the chest downward.  **4.** A fusiform muscle of the anterior thigh, one of the four parts of the quadriceps femurs.  **5.** One of the anterior muscles of the leg, situated on the lateral side of the tibia.  **6.** A muscle with origin from the shaft of the femur.  **7.** A thin triangular muscle of the upper chest wall beneath the pectoralis major.  **8.** A muscle at the back of a person's upper leg.  **9.** A muscle with origin from the posterior ridge of the femur as far as the greater trochanter  **10.** A thick triangular muscle covering the shoulder joint, used to raise the arm from the side.  **11.** A large, flat, triangular superficial muscle of the shoulder and upper back.  **16.** A muscle stretching over the forehead into the upper eyelid. |