|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Natural Family Plannning

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| D | W | L | G | B | G | H | D | F | F | U | O | Z | P | B | J | U | Q | F | S | Y | M | H | G |
| Q | N | A | T | D | A | Y | C | R | P | H | E | Q | G | D | C | Y | H | Y | J | O | C | H | N |
| U | N | G | D | P | Q | S | Y | O | M | R | W | N | P | R | E | G | N | A | N | C | Y | D | E |
| A | R | S | M | L | G | Z | A | X | X | K | O | K | U | L | N | O | Z | S | E | Y | V | H | R |
| Z | N | N | Z | Y | L | F | R | L | O | P | O | G | O | N | W | S | Y | C | S | M | X | P | U |
| X | O | M | L | I | Y | U | R | R | B | Y | Q | R | E | N | S | R | P | C | G | N | Q | C | T |
| P | I | K | B | Q | W | L | I | W | I | O | F | I | N | S | Q | U | K | C | Z | H | W | G | A |
| N | T | S | P | F | T | M | I | D | B | T | D | F | P | H | T | N | U | U | E | Z | A | V | R |
| E | P | S | B | F | Z | S | G | Y | Z | J | Y | Y | R | O | I | E | A | C | K | M | N | X | E |
| L | E | N | F | A | W | W | O | W | N | S | F | W | U | F | N | L | R | M | R | T | T | X | P |
| C | C | G | Y | Y | O | Y | P | O | M | S | K | K | T | P | T | K | S | O | O | Y | K | T | M |
| Y | N | F | U | J | U | R | I | J | X | L | H | Q | K | H | E | P | Y | X | N | W | C | W | E |
| C | O | V | X | Y | L | T | G | X | N | R | E | C | O | B | R | Z | M | Q | H | E | U | R | T |
| L | C | K | C | P | A | T | X | D | W | Q | B | P | F | J | C | X | P | Q | F | A | A | V | G |
| A | O | E | J | L | O | J | G | X | B | S | E | F | L | A | O | A | T | E | B | B | T | U | B |
| U | L | D | U | D | P | C | J | T | J | N | C | Z | X | J | U | Y | O | Z | H | B | I | M | W |
| R | N | V | L | H | V | B | X | N | O | Y | Y | C | T | F | R | T | T | P | J | A | V | N | E |
| T | O | K | P | J | H | J | Z | M | M | Q | X | K | C | C | S | V | H | X | A | I | N | Q | R |
| S | H | F | H | V | M | X | R | W | O | P | J | V | W | M | E | R | E | F | S | B | W | I | A |
| N | Q | W | I | Z | O | O | D | C | Q | C | Y | X | K | Q | I | Z | R | E | R | G | I | S | U |
| E | P | Z | J | J | H | B | Q | Z | E | F | H | X | A | F | R | M | M | Q | M | V | N | X | U |
| M | R | E | P | U | J | I | W | N | B | N | F | I | W | L | K | A | A | E | X | V | E | H | H |
| E | Q | U | C | Z | R | G | U | B | F | S | I | R | K | B | T | N | L | E | Y | O | Q | I | T |
| O | P | A | L | Y | S | T | L | H | C | F | S | Q | B | B | F | Z | O | N | W | C | Y | J | Q |

   man       pregnancy       conception       intercourse       hormone       progesterone       ovulation       menstrual cycle       woman       Symptothermal       Temperature       Basal Body