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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Nutrition & Wellness

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| **Across****4.** Zinc helps \_\_\_\_ perform their function.**5.** Most common form of the disease.**7.** Vitamin B is also known as \_\_\_\_\_\_\_\_.**8.** riboflavin helps helps use \_\_\_\_\_\_ for cells.**9.** Which nutriend helps provide energy and has starchy foods as a source?**10.** fat like substance thats found in every cell in the bodyb and occurs in foods of aminal organ | **Down****1.** function of protein **2.** risk factor for many types of cancer**3.** Vitamins A,D,E,K**6.** helpsn the ciollagen |