|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Nutrition through life

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| L | H | O | R | J | N | Z | Y | T | I | S | E | B | O | J | W | O | K | W | W | O | L | W | W |
| J | U | L | K | K | T | M | F | N | R | G | R | O | W | T | H | Q | L | Z | I | Y | K | J | K |
| N | N | U | T | R | I | E | N | T | S | J | D | U | P | M | S | I | L | O | B | A | T | E | M |
| I | F | X | G | D | C | S | E | T | A | R | D | Y | H | O | B | R | A | C | H | J | J | O | E |
| S | P | Y | N | K | I | M | F | O | D | R | Q | M | B | H | X | O | A | G | N | C | H | Y | S |
| Y | V | W | L | O | X | Q | Z | U | U | D | X | A | L | O | M | L | Y | B | T | O | E | R | I |
| P | R | X | F | R | F | E | M | V | L | P | I | V | E | P | C | B | I | U | I | U | A | P | C |
| E | U | G | E | P | E | V | L | P | T | H | A | Z | H | H | Y | E | L | R | J | T | L | W | R |
| N | S | O | R | U | D | D | T | H | H | P | I | D | F | S | N | V | O | Z | G | X | T | V | E |
| S | P | A | S | I | A | U | L | O | O | H | J | D | E | E | B | N | R | Y | Y | T | H | E | X |
| T | H | D | E | T | B | F | I | E | O | L | I | L | R | N | C | G | Y | U | L | U | C | O | E |
| M | T | I | A | S | E | O | A | D | D | K | U | G | M | P | K | T | V | E | C | Z | A | R | C |
| R | M | E | Q | Y | I | O | F | T | D | O | Y | I | W | D | B | T | U | Q | D | S | L | O | U |
| I | R | T | S | I | I | D | P | L | J | L | Q | S | H | Z | F | F | K | B | B | U | C | A | J |
| F | A | L | X | A | C | V | N | O | A | R | X | R | E | C | J | I | A | Y | R | D | I | F | R |
| E | W | G | M | V | B | V | L | J | R | V | N | K | E | B | I | L | T | E | C | T | U | V | D |
| L | O | X | L | C | M | I | G | K | S | O | I | T | H | T | A | K | N | Q | U | Y | M | O | K |
| H | J | H | F | I | K | Y | F | C | F | T | S | N | K | N | A | I | T | M | P | L | A | G | N |
| W | I | E | L | E | O | M | V | O | S | X | I | I | C | G | M | W | P | R | O | T | E | I | N |
| R | S | T | N | E | C | S | E | L | O | D | A | E | S | A | A | M | I | N | E | R | A | L | S |
| N | K | W | D | E | Q | H | Q | I | L | U | D | E | I | Y | S | N | I | M | A | T | I | V | F |
| N | O | N | J | Y | Q | I | W | Y | W | R | I | H | W | R | E | P | A | I | R | T | A | W | I |
| N | Z | R | I | N | F | A | N | C | Y | Q | T | Q | I | B | X | Y | I | Q | I | B | J | D | V |
| G | L | K | P | R | O | T | E | C | T | I | O | N | T | G | V | E | C | Z | U | U | Q | Q | S |

   obesity       osteoporosis       scurvy       metabolism       health'calcium       riboflavin       kilojoules       thiamine       iron       diet       balanced       warmth       elderly       adulthood       adolescents       infancy       nutrients       exercise       protection       disease       fat       minerals       vitamins       water       growth       repair       fuel       energy       carbohydrates       protein