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| **Across****5.** A good diet will help you live.....**7.** The respiratory system is used for ..........**9.** The H......... is a bone in the arm**10.** What can improve concentration and alertness? | **Down****1.** The cardiovascular sysytem pumps what around the body?**2.** Electrolytes are salts which are lost while.........**3.** Regular exercise can help you gain what begining with 'S'**4.** Flexion increases or decreases the angle of body parts?**6.** What type of stretching is done alone?**8.** The F..... is a bone in the leg. |