PTSD Symptoms

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **T** | F | N | N | X | Z | A | **S** | **T** | **A** | **R** | **T** | **L** | **E** | **R** | **E** | **F** | **L** | **E** | **X** | A | F | U | C |
| **S** | **I** | **R** | **R** | **I** | **T** | **A** | **B** | **L** | **I** | **T** | **Y** | O | F | U | O | C | X | H | N | **P** | C | C | **S** |
| **U** | **E** | **C** | **N** | **E** | **D** | **I** | **O** | **V** | **A** | G | Z | X | V | G | Z | O | **G** | U | **O** | J | I | **M** | Y |
| **R** | V | Y | P | J | M | Z | L | G | P | W | Q | K | I | L | T | **N** | J | **O** | B | **R** | **E** | F | C |
| **T** | M | R | O | O | Z | W | G | O | C | Q | I | S | K | W | **I** | U | **R** | U | **E** | **L** | A | D | T |
| **S** | H | Z | E | P | R | N | G | K | V | E | I | J | T | **L** | Y | **S** | A | **G** | **B** | T | T | W | **I** |
| **I** | **S** | O | J | B | K | W | G | G | V | K | V | Q | **E** | W | **E** | X | **N** | **O** | E | Y | O | **N** | **D** |
| **M** | **S** | T | T | P | D | E | C | V | N | **Y** | J | **E** | I | **L** | I | **A** | **R** | L | D | K | **T** | Q | **E** |
| U | **E** | J | **S** | Z | K | Q | L | E | **H** | A | **F** | Y | **F** | A | T | **P** | X | K | H | **R** | **I** | Q | **P** |
| F | **R** | G | **S** | X | L | N | H | **T** | J | **F** | S | **E** | V | K | **N** | V | V | **I** | **U** | **T** | **S** | O | **R** |
| K | **T** | G | **E** | C | D | F | **A** | E | **O** | O | **S** | V | M | **O** | I | K | **N** | **S** | Z | **L** | **O** | U | **E** |
| E | **S** | V | **N** | O | H | **P** | D | **K** | K | **T** | L | P | **I** | N | F | **S** | **I** | U | N | **I** | **L** | Z | **S** |
| G | U | F | **S** | Z | **A** | T | **C** | U | **E** | Y | E | **T** | A | I | **O** | **V** | B | D | C | **U** | **A** | I | **S** |
| M | F | W | **S** | V | Q | **A** | H | **E** | A | P | **A** | R | V | **M** | **E** | **Y** | E | L | P | **G** | **T** | O | **I** |
| U | B | R | **E** | C | **L** | I | **M** | E | **F** | **C** | N | I | **M** | **M** | O | **T** | X | I | V | L | **I** | M | **O** |
| W | Y | Q | **L** | E | K | E | I | **L** | **I** | F | E | **I** | **E** | B | Y | **E** | P | T | E | L | **O** | A | **N** |
| I | A | D | **P** | N | V | E | **A** | **N** | L | F | **A** | **M** | M | K | H | **I** | D | X | K | I | **N** | P | K |
| K | C | A | **L** | L | E | **S** | **U** | Z | K | H | **O** | C | O | N | Y | **X** | Y | B | Y | G | Z | O | Z |
| S | D | U | **E** | H | **H** | **M** | M | M | X | **R** | T | M | I | Y | W | **N** | I | Q | H | H | P | Y | Y |
| U | A | R | **H** | **B** | **M** | M | C | R | **I** | S | M | C | U | D | B | **A** | A | Z | M | G | V | B | R |
| T | X | S | **A** | **O** | Y | Z | F | **E** | Q | X | Q | **H** | **O** | **P** | **E** | **L** | **E** | **S** | **S** | **N** | **E** | **S** | **S** |
| N | I | **C** | **C** | Z | K | J | **S** | U | I | L | X | Z | J | D | I | K | W | S | A | L | G | B | V |
| B | **K** | S | Q | P | D | H | Y | U | R | T | G | D | H | M | Q | A | S | W | N | O | B | V | I |
| **S** | G | Q | G | O | R | R | D | Z | D | L | G | W | A | V | N | J | Q | D | **R** | **A** | **G** | **E** | I |

   anger       anxiety       apathy       avoidence       communication problems       depression       flashbacks       guilt       helplessness       hopelessness       insommia       intrusive memories       irritablity       isolation       lack of feeling       mistrust       poor selfesteem       rage       startle reflex       stress