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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| T | N | Q | W | D | R | Q | V | J | C | M | R | P | D | R | Q | Y | H | Y | D | H | S | Q | Q |
| D | E | B | G | H | N | J | R | T | N | B | I | T | M | Q | W | C | I | E | Q | O | G | S | M |
| X | K | V | W | C | J | B | E | H | K | T | Q | S | I | G | I | N | P | N | W | S | Z | M | O |
| R | C | O | M | B | A | T | G | V | R | F | J | S | U | M | W | R | H | L | C | P | N | T | M |
| T | O | Q | V | S | N | W | G | Y | Y | U | C | O | E | Z | E | G | D | E | O | S | K | R | L |
| K | R | R | S | I | S | C | I | X | G | W | X | M | Y | S | R | X | Q | P | W | E | Z | Z | E |
| V | P | F | R | H | Z | I | R | N | U | J | O | K | S | D | I | B | R | O | M | O | C | B | R |
| Q | A | E | W | O | W | K | T | U | O | R | W | I | G | A | S | S | U | A | L | T | H | H | V |
| V | L | A | Y | O | H | D | Y | W | I | B | O | U | U | B | F | N | B | J | A | Y | Y | G | S |
| B | Y | R | D | W | E | U | I | E | P | N | Y | P | H | T | A | D | K | E | L | V | P | F | G |
| Z | W | T | L | U | L | F | S | U | R | V | I | V | O | R | S | E | K | D | K | I | E | D | U |
| L | I | P | P | E | L | S | X | L | U | S | V | I | F | H | I | M | U | T | Y | T | R | Z | A |
| N | W | P | E | U | D | W | V | A | Z | B | G | U | I | L | T | H | B | T | Q | Z | A | R | A |
| W | G | X | D | Q | B | A | U | N | E | E | V | X | S | A | M | K | T | R | N | S | R | Z | H |
| T | A | S | K | O | M | L | L | O | C | A | K | R | F | M | Z | Y | P | O | A | S | O | X | B |
| Q | K | K | T | H | I | S | G | I | N | M | T | J | W | G | A | D | U | P | O | E | U | W | E |
| J | G | C | H | A | C | F | C | T | A | C | Q | B | D | T | X | F | D | P | H | R | S | X | Y |
| C | V | A | E | Y | K | J | T | O | D | Z | X | H | W | S | S | E | U | U | W | T | A | I | W |
| C | B | B | R | N | G | N | Q | M | I | X | W | A | E | G | T | T | L | S | A | S | L | C | M |
| H | C | H | A | O | M | G | C | E | O | N | K | X | T | J | R | Q | R | P | L | I | L | E | G |
| L | V | S | P | I | L | Y | Y | Q | V | G | A | N | X | I | E | T | Y | A | M | D | G | K | V |
| S | W | A | Y | T | G | I | S | Z | A | G | I | X | M | H | S | G | K | C | U | O | N | E | Q |
| W | P | L | F | Z | M | G | V | H | Z | I | Q | M | T | E | S | A | N | C | F | M | C | M | O |
| I | D | F | U | H | F | Y | E | V | Q | P | E | B | U | Y | F | E | W | B | M | P | A | O | G |

   fear       memories       emotional       trigger       distress       horror       survivors       avoidance       hyperarousal       support       flashbacks       guilt       therapy       depression       anxiety       comorbid       complex       stress       assualt       combat       trauma