Physical Wellbeing

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **H** | V | A | N | L | U | T | N | I | C | Y | **R** | **U** | **N** | A | O | A | I | **K** | **L** | **A** | **W** | O | Q |
| **O** | **G** | **N** | **I** | **E** | **B** | **L** | **L** | **E** | **W** | X | **G** | **N** | **I** | **P** | **M** | **U** | **J** | X | Q | F | **G** | R | J |
| **U** | Y | Y | N | O | T | O | O | H | K | A | M | M | **L** | **G** | Y | **G** | C | C | N | **N** | D | V | S |
| **S** | **G** | **N** | **I** | **N** | **A** | **E** | **L** | **C** | O | S | P | S | **N** | **A** | **N** | P | A | N | **I** | Z | Y | I | L |
| **E** | N | **B** | **I** | **K** | **I** | **N** | **G** | S | G | S | C | **I** | V | **I** | **C** | X | R | **N** | B | P | H | X | O |
| **W** | X | **G** | **N** | **I** | **Y** | **A** | **L** | **P** | M | Z | **L** | S | **X** | N | Z | **I** | **E** | **H** | **I** | **K** | **I** | **N** | **G** |
| **O** | B | R | O | J | Y | X | E | Z | P | **L** | G | **O** | N | I | H | **D** | **S** | Z | Q | T | G | E | **G** |
| **R** | W | J | M | R | F | U | Y | D | **O** | C | **B** | B | K | V | **R** | R | P | **Y** | G | K | P | **G** | **N** |
| **K** | **G** | **N** | **I** | **T** | **F** | **A** | **R** | **R** | P | U | S | G | S | **A** | Y | I | H | K | **H** | S | L | **N** | **I** |
| M | **G** | Y | H | X | W | Q | **T** | A | **S** | **W** | N | **E** | **G** | L | M | O | A | U | T | **P** | V | **I** | **C** |
| **G** | **N** | H | P | O | E | **S** | Q | **P** | **E** | L | **T** | P | **S** | **G** | **N** | **I** | **H** | **S** | **I** | **F** | P | **T** | **N** |
| **N** | **I** | A | H | V | L | G | **O** | **I** | S | **A** | C | **C** | R | P | T | H | L | T | T | Z | F | **N** | **A** |
| **I** | **P** | J | P | O | H | **R** | **G** | **T** | **R** | T | **I** | M | J | O | G | S | N | D | U | D | Z | **U** | **D** |
| **D** | **P** | **A** | U | U | **T** | **H** | W | **E** | **U** | **T** | O | Q | O | E | G | **W** | N | C | H | X | K | **H** | V |
| **R** | **I** | **E** | G | **S** | **T** | R | **D** | Q | **S** | **O** | Y | H | N | A | **A** | P | S | H | X | A | K | D | Y |
| **A** | **K** | **R** | T | **S** | C | **O** | P | **A** | B | L | **K** | Z | O | **T** | Z | **A** | H | E | A | S | L | R | Y |
| **O** | **S** | **O** | Y | V | **M** | D | **N** | O | D | P | V | **R** | **E** | W | D | **G** | **N** | **I** | **M** | **M** | **I** | **W** | **S** |
| **B** | X | **B** | **A** | H | P | **M** | J | F | P | S | G | **R** | **O** | M | S | **O** | T | I | P | Q | U | D | S |
| **E** | V | **I** | **C** | D | **Y** | R | H | R | A | O | **S** | Z | Z | **W** | V | **Y** | U | V | **M** | V | G | Z | N |
| **T** | D | **C** | **T** | **G** | H | L | X | D | M | **K** | F | M | X | K | X | T | M | P | R | **Y** | P | U | I |
| **A** | Z | **S** | **I** | Z | D | D | A | F | **I** | X | X | H | P | Z | R | U | W | E | X | Y | **G** | M | B |
| **K** | S | I | **V** | U | H | E | X | **I** | **G** | **N** | **I** | **D** | **I** | **R** | **K** | **C** | **A** | **B** | **E** | **S** | **R** | **O** | **H** |
| **S** | T | W | **E** | H | Z | Q | **N** | G | Z | X | C | A | H | M | S | **S** | **K** | **I** | **I** | **N** | **G** | R | X |
| F | I | K | D | Q | T | **G** | I | M | R | I | P | R | K | Z | E | S | S | Y | F | S | K | F | C |

   HIKING       BIKING       AEROBICS       YOGA       GYMNASTICS       BOXING       DANCING       SWIMMING       WATERSKIING       RAFTING       FISHING       HUNTING       HORSEBACK RIDING       JUMPING       SKIPPING       GARDENING       CLEANING       PLAYING       STROLLING       HOUSEWORK       SKATEBOARDING       SKIING       SPORTS       RUN       WALK       WORKOUT       WEIGHTS       GYM       ACTIVE       MODERATE       WELLBEING       PHYSICAL