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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Preventing Falls

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| **Across**  **4.** Have your doctor check your  **6.** One out of \_\_\_\_ adults willl fall.  **8.** Put grab bars in the  **9.** 95% of hip fractures are caused from a  **12.** Over half of falls will occur where?  **14.** Participate in regular  **15.** Throw all \_\_\_\_\_ away | **Down**  **1.** Falls can be a life changing event and can rob you of your  **2.** Make sure the stairway has \_\_\_\_\_\_\_  **3.** What is the most serious fracture from a fall in older adults  **5.** Where do falls happen?  **7.** Use a \_\_\_\_\_\_ for balance  **10.** Wear proper fitting  **11.** The first step to decreasing a fall is to keep  **13.** Get a yearly \_\_\_\_ exam |