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Protein

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| **Across****16.** What makes each amino acid unique**17.** What proteins contain that fats and carbs do not**18.** Cannot be made by the body | **Down****1.** The protein in wheat that people are allergic to**2.** Adequate energy intake, but not enough protein**3.** How amino acids are connected**4.** Two foods that make up a complete protein**5.** Altering a protein's natural shape**6.** Offending substance that causes a reaction**7.** Lacking all of the essential amino acids**8.** Extreme weight loss**9.** Building blocks of protein**10.** Where protein digestion begins**11.** Having excess H+**12.** Plants that produce pods with a single row of seeds**13.** Having too few H+**14.** Only consumes plant-based foods**15.** Common allergy for kids |