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Protein

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| **Across**  **16.** What makes each amino acid unique  **17.** What proteins contain that fats and carbs do not  **18.** Cannot be made by the body | **Down**  **1.** The protein in wheat that people are allergic to  **2.** Adequate energy intake, but not enough protein  **3.** How amino acids are connected  **4.** Two foods that make up a complete protein  **5.** Altering a protein's natural shape  **6.** Offending substance that causes a reaction  **7.** Lacking all of the essential amino acids  **8.** Extreme weight loss  **9.** Building blocks of protein  **10.** Where protein digestion begins  **11.** Having excess H+  **12.** Plants that produce pods with a single row of seeds  **13.** Having too few H+  **14.** Only consumes plant-based foods  **15.** Common allergy for kids |