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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Reality

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| G | E | G | A | R | O | C | N | E | S | P | R | A | Y | E | Q | Y |
| Z | R | X | M | Q | V | L | J | T | L | N | M | W | V | K | P | P |
| W | S | L | O | V | M | T | Q | T | A | N | T | D | R | B | D | V |
| E | X | H | A | L | E | S | G | P | O | O | A | L | A | W | S | H |
| T | N | Q | B | I | M | T | T | A | G | Q | X | O | E | D | S | L |
| L | N | T | B | U | L | I | H | R | X | U | V | S | F | N | U | N |
| Z | D | E | F | O | J | E | N | Z | E | G | P | M | C | O | C | O |
| R | Y | Z | V | Z | U | L | Z | P | V | S | F | E | A | I | C | I |
| Q | L | T | L | U | O | A | S | I | O | F | S | D | R | T | E | S |
| C | X | Y | E | D | T | H | B | Q | L | H | B | I | E | A | S | S |
| P | A | F | K | I | Q | N | C | M | V | G | C | T | Z | V | S | A |
| D | L | F | J | Q | X | I | C | R | J | C | M | A | Z | I | F | P |
| Y | E | Z | A | B | G | N | C | A | H | K | A | T | P | T | U | M |
| M | R | I | T | K | D | T | A | Q | B | M | E | E | Y | O | L | O |
| E | S | L | E | E | P | G | E | J | O | B | T | H | O | M | F | C |
| N | I | G | W | H | Y | F | W | F | F | R | E | S | P | E | C | T |
| R | H | U | Q | E | N | O | I | S | S | E | R | P | E | D | T | R |

   exhale       inhale       relax       anxiety       depression       stress       sleep       pray       meditate       vent       fear       goals       compassion       care       team       successful       respect       motivation       love       encorage