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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Self Esteem & Self Confidence Building

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| B | E | A | L | T | J | Q | U | T | C | W | I | X | T | H | L | D | F | E | F | C | P | N | U |
| Y | P | C | V | I | D | L | Z | L | S | T | C | X | Z | S | U | T | T | V | W | A | G | R | L |
| Q | H | X | E | M | H | G | W | H | L | U | L | M | K | L | F | S | R | N | P | J | T | C | H |
| W | G | O | K | Q | M | Z | R | Q | P | N | R | D | P | J | I | E | A | V | B | O | E | X | T |
| F | X | B | E | H | D | Y | Z | O | N | P | A | T | Q | C | T | N | M | W | N | D | E | K | N |
| M | J | G | I | A | T | I | M | D | Z | H | N | C | C | C | U | O | S | A | N | C | W | B | E |
| E | S | A | L | H | U | I | U | O | D | V | S | V | E | Y | A | H | A | R | Q | C | S | Y | G |
| D | C | I | I | V | Z | K | A | D | E | I | L | E | V | P | E | M | Z | F | H | H | J | L | I |
| S | K | O | N | C | A | H | Y | F | P | O | Q | F | E | W | B | J | V | T | R | X | P | A | L |
| E | G | J | S | D | L | F | A | N | E | X | B | F | I | Z | E | M | I | V | S | G | X | L | L |
| U | T | Y | P | R | L | S | V | E | N | Q | H | Z | L | M | G | L | K | P | O | X | C | S | E |
| D | Z | W | I | E | N | S | C | P | D | R | X | Z | E | G | F | R | B | L | K | F | O | E | T |
| O | H | D | R | A | O | E | Z | G | A | Q | E | C | B | N | N | U | M | A | N | Y | V | Q | N |
| R | E | N | E | M | I | N | V | Y | B | G | I | L | Y | B | H | O | P | T | V | O | P | M | I |
| G | K | P | T | T | S | D | Z | V | L | H | G | P | J | R | S | V | I | Y | L | O | W | B | N |
| R | Z | U | O | X | S | N | O | U | E | T | P | V | J | I | Q | W | B | P | S | B | L | G | O |
| W | Q | A | H | H | A | I | T | P | Y | A | M | J | E | B | J | U | I | I | M | I | O | N | I |
| O | B | V | T | E | P | K | W | Y | H | K | W | X | I | C | I | X | T | S | N | A | H | N | T |
| Z | L | Y | C | K | I | F | X | M | P | K | W | O | V | S | I | I | Q | A | A | G | H | G | A |
| H | J | V | M | S | E | L | F | E | S | T | E | E | M | N | V | N | T | S | X | B | E | C | V |
| H | L | I | Z | S | D | P | I | H | S | R | E | D | A | E | L | J | P | R | O | W | D | X | I |
| E | A | G | N | O | I | T | A | N | I | G | A | M | I | U | C | V | M | G | P | G | V | D | T |
| P | Y | W | C | K | S | Q | K | X | V | W | O | M | M | B | P | G | C | X | M | B | P | R | O |
| A | O | L | V | Q | L | M | I | Y | I | P | Q | X | N | U | X | M | C | Z | Z | C | N | X | M |