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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Shoulder Puzzle

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| **Across**  **4.** Spains at this joint can be classified by 6 types of severity  **9.** Chronic injury caused by overuse, shoulder weakness, or hypermobility  **13.** The rotator \_\_\_\_\_\_\_ is a group of muscles that rotate the shoulder  **14.** Number of joints in the shoulder complex  **15.** The most superiorly located muscle in the rotator cuff  **16.** Test for inferior GH insability | **Down**  **1.** Large, flat bone in the shoulder complex  **2.** Acronym for the most common mechanism of injury for the shoulder  **3.** The \_\_\_\_\_\_\_\_ is the bone between the SC and AC joint  **5.** Ring of cartilage in the glenoid fossa that helps stabilize the humerus  **6.** Test for chronic anterior GH instability  **7.** Joint with the most range of motion  **8.** Treatment for many acute shoulder injuries is to \_\_\_\_\_\_\_\_ the shoulder in a sling  **10.** Test for active range of motion in the shoulder  **11.** Lateral movement of the arm to reach overhead  **12.** The opposite of shoulder flexion |