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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Shoulder Puzzle

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| **Across****4.** Spains at this joint can be classified by 6 types of severity**9.** Chronic injury caused by overuse, shoulder weakness, or hypermobility**13.** The rotator \_\_\_\_\_\_\_ is a group of muscles that rotate the shoulder**14.** Number of joints in the shoulder complex**15.** The most superiorly located muscle in the rotator cuff**16.** Test for inferior GH insability | **Down****1.** Large, flat bone in the shoulder complex**2.** Acronym for the most common mechanism of injury for the shoulder**3.** The \_\_\_\_\_\_\_\_ is the bone between the SC and AC joint**5.** Ring of cartilage in the glenoid fossa that helps stabilize the humerus**6.** Test for chronic anterior GH instability**7.** Joint with the most range of motion**8.** Treatment for many acute shoulder injuries is to \_\_\_\_\_\_\_\_ the shoulder in a sling**10.** Test for active range of motion in the shoulder**11.** Lateral movement of the arm to reach overhead**12.** The opposite of shoulder flexion |