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| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Social Anxiety Disorder

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|  |  |  | 1A |  N |  T |  I |  D |  E |  P |  R |  E |  S |  S |  A |  N |  T |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | 2S |  |  |  |  |  |  |  |
|  |  |  |  |  | 3S |  | 4T |  R |  I |  G |  G |  E |  R |  E |  D |  |  |  |  |
|  |  |  |  |  |  O |  |  |  |  |  |  |  D |  |  |  |  |  |  |  |
|  |  |  |  |  |  C |  |  |  | 5U |  N |  H |  A |  P |  P |  Y |  |  | 6T |  |
|  |  |  |  |  |  I |  |  |  |  |  |  |  T |  |  |  |  |  |  R |  |
|  | 7T |  H |  E |  R |  A |  P |  Y |  |  | 8F |  |  I |  |  |  | 9N |  |  E |  |
|  |  |  |  |  |  L |  |  |  |  |  A |  |  V |  |  |  |  E |  |  M |  |
|  |  | 10A |  | 11M |  A |  J |  O |  R |  S |  T |  R |  E |  S |  S |  |  R |  |  B |  |
|  |  |  N |  |  |  N |  |  |  |  |  I |  |  |  |  |  |  V |  |  L |  |
|  |  |  X |  |  |  X |  |  |  | 12A |  G |  O |  R |  A |  P |  H |  O |  B |  I |  A |
|  |  |  I |  |  |  I |  |  |  |  |  U |  |  |  |  |  |  U |  |  N |  |
|  |  |  E |  | 13D |  E |  E |  P |  B |  R |  E |  A |  T |  H |  S |  |  S |  |  G |  |
|  |  |  T |  |  |  T |  |  |  |  |  |  |  |  |  |  |  N |  |  |  |
|  |  |  Y |  |  |  Y |  |  |  | 14R |  A |  C |  I |  N |  G |  H |  E |  A |  R |  T |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  S |  |  |  |
|  |  |  | 15M |  U |  S |  C |  L |  E |  T |  W |  I |  T |  C |  H |  E |  S |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | 16D |  E |  P |  E |  R |  S |  O |  N |  A |  L |  I |  Z |  A |  T |  I |  O |  N |  |

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| **Across****1.** used to alleviate or used as a treatment**4.** \_\_\_\_\_\_\_\_\_\_ by almost everything, especially going out alone**5.** Left\_\_\_\_\_ and uncomfortable**7.** Treatment intended to relieve and heal **11.** Cause of panic disorder **12.** The worry of being in a embarrassing or humiliating situation **13.** One of the solutions to help cope with anxiety **14.** Caused by fear, anxiety, stress or irregular activities **15.** Low magnesium levels, muscle fatigue, or medication side effects **16.** Feeling outside of yourself | **Down****2.** Taken for it's calming or sleep-inducing effect**3.** Fear of situations which they can be observed, evaluated, or embarrassed**6.** Commonly affecting hands, legs, face, or vocal cords **8.** Low energy and a strong desire to sleep that interferes with day-to-day activities **9.** Intense, excessive, and persistent worry or fear about everyday situations **10.** Apprehension, dread or uneasiness similar to fear but based on an unclear threat |

   Agoraphobia        triggered       Trembling       Depersonalization       major stress        Deep Breaths        fatigue        Social Anxiety       racing heart        nervousness       muscle twitches       Therapy       Antidepressant       sedative       unhappy       anxiety