|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Sports Medicine Terminology

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 1F |  |  |  |  |  |  |  |  | 2P |  |  |  | 3F |  |  |  |  |  |
|  | 4R |  I |  C |  E |  | 5L |  A |  T |  E |  R |  A |  L |  |  O |  |  |  |  |  |
|  |  A |  |  |  |  |  |  |  |  |  O |  |  |  |  U |  |  |  |  |  |
|  |  C |  |  |  |  |  |  |  |  |  N |  |  |  |  R |  |  |  |  |  |
|  |  T |  |  | 6I |  |  | 7P |  A |  T |  E |  L |  L |  A |  |  |  | 8S |  |  |
|  |  U |  |  |  N |  |  |  |  |  |  |  |  |  | 9D |  |  |  P |  |  |
|  |  R |  |  |  F |  |  |  |  |  | 10C |  |  |  |  I |  |  |  R |  |  |
|  |  E |  |  |  L |  | 11T |  E |  N |  D |  O |  N |  |  | 12S |  T |  R |  A |  I |  N |
|  |  |  |  |  A |  |  |  |  |  |  N |  |  |  |  L |  |  |  I |  |  |
|  | 13E |  D |  E |  M |  A |  |  | 14A |  N |  T |  E |  R |  I |  O |  R |  |  N |  |  |
|  |  |  |  |  M |  |  |  |  |  |  U |  |  |  |  C |  |  |  |  | 15A |
|  | 16C |  |  |  A |  |  |  | 17F |  |  S |  |  |  |  A |  |  | 18A |  |  B |
|  |  O |  |  |  T |  |  | 19M |  E |  D |  I |  A | 20L |  |  T |  |  |  C |  |  R |
|  |  A |  |  |  I |  |  |  |  M |  |  O |  |  I |  |  I |  |  |  U |  |  A |
|  |  C |  |  |  O |  |  |  |  U |  |  N |  |  G |  |  O |  |  |  T |  |  S |
| 21C |  H |  R |  O |  N |  I |  C |  |  R |  |  |  |  A |  |  N |  |  |  E |  |  I |
|  |  H |  |  |  |  |  |  |  |  |  |  |  M |  |  |  |  |  |  |  O |
| 22H |  U |  M |  E |  R |  U |  S |  |  |  |  |  | 23E |  F |  F |  U |  S |  I |  O |  N |
|  |  B |  |  |  |  |  |  |  |  |  |  |  N |  |  |  |  |  |  |  |
|  | 24B |  U |  R |  S |  A |  |  | 25J |  O |  I |  N |  T |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across****4.** rest, ice, compression, elevation**5.** away from the midline**7.** knee cap**11.** structure that connects muscle to bone**12.** stretching or tearing of a muscle or tendon**13.** swelling in the tissue**14.** in front of**19.** close to the midline**21.** overuse injury**22.** arm bone**23.** swelling in a joint**24.** fluid filled sac**25.** where two bones meet | **Down****1.** break in a bone**2.** lying face down**3.** number of muscles that make up the quadriceps**6.** a symptom of redness, and swelling**8.** stretching or tearing of a ligament**9.** complete separation of two ends of a joint**10.** a bruise**15.** a scrape**16.** your favorite teacher**17.** thigh bone**18.** a sudden injury**20.** a structure that connects bone to bone |