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Stop the Pressure

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| **Across**  **4.** Term given to speciality nurses in the NHS who deal with skin and pressure damage  **6.** Areas of the body pressure ulcers are most commonly found  **7.** First line of treatment to prevent moisture associated skin damage  **10.** Common baking ingredient often used to treat pressure ulcers  **11.** One of the most important factors to consider in high risk patients  **12.** The amount of Degrees patients ideally need tilted at for optimum elevation | **Down**  **1.** Patients who are unable to do this are at risk of pressure damage  **2.** Month which National Stop the Pressure Day occurs  **3.** Abbreviation for discoloured non blanchable skin  **5.** The superhero played by Christopher Reeves; who suffered from chronic pressure ulcers  **8.** New grading system for Pressure Ulcers  **9.** When a pressure ulcer is not a pressure ulcer |