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Tamuning Dialysis Holiday Activity #1

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| **Across****2.** Too much fluid can cause a strain on which major organ?**7.** Fistula, Catheter, and Grafts**12.** A condition of reduced blood cells.**13.** Kidneys are only about the size of your \_\_\_\_.**14.** Phosphate binders should be taken \_\_\_\_ meals.**16.** A symptom of high blood pressure.**17.** Lean meats, eggs, and fish are all good sources of \_\_\_\_ to keep albumin levels up.**20.** High \_\_\_\_ levels can cause itchy skin, weak bones, and damage your heart.**21.** Someone who provides an organ or tissue for transplant.**23.** Treatment for people who have kidney failure.**24.** What is the name of the facility? | **Down****1.** Goal weight when you leave dialysis. (2 words)**3.** Chewing \_\_\_\_ can help with thirst.**4.** What you need to get your medication from the pharmacy. (Only providers can give this.)**5.** The number one way to reduce infections. (2 words)**6.** Most common disease contributing to the need for dialysis.**8.** Too much of this in your diet can increase thirst.**9.** The second leading cause of kidney failure in the United States after diabetes.**10.** Fruit that is toxic to dialysis patients.**11.** Medication that controls the phosphate level in your blood are called phosphate \_\_\_\_\_. (Hint: Renvela or Calcium Acetate/Phoslo)**15.** One of the main functions of the kidneys is to \_\_\_\_ waste from blood.**18.** A doctor who specializes in kidney failure.**19.** Milk products, bananas, cantaloupe, oranges, potatoes, beans and tomatoes are all high in this.**22.** Excess fluid in the body can cause \_\_\_\_ (swelling).**25.** High phosphorous levels can make your skin \_\_\_\_. |