The Eatwell Plate

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| **Across**  **6.** What section do sweets belong to?  **7.**  What is the colour of the section that eggs belong to?  **8.** What sectionn does milk belong to?  **10.** Should you just eat green veg?  **11.** what section does bread belong to?  **13.** What type of food is a burger?  **15.** What is the name of the pink section? | **Down**  **1.** What is the colour of the section is the worst for you?  **2.** What section do apples belong to?  **3.** What colour is the carb section?  **4.** What colour is the dairy section?  **5.** Other then yellow what is the colour of the section that is one third?  **9.** Should you eat a rainbow of fruit and veg?  **12.** How many fruits should you eat a day?  **14.** How mant vegtibales should we eat a day? |