The Eatwell Plate

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| **Across****6.** What section do sweets belong to?**7.**  What is the colour of the section that eggs belong to?**8.** What sectionn does milk belong to?**10.** Should you just eat green veg?**11.** what section does bread belong to?**13.** What type of food is a burger?**15.** What is the name of the pink section? | **Down****1.** What is the colour of the section is the worst for you?**2.** What section do apples belong to?**3.** What colour is the carb section?**4.** What colour is the dairy section?**5.** Other then yellow what is the colour of the section that is one third?**9.** Should you eat a rainbow of fruit and veg?**12.** How many fruits should you eat a day?**14.** How mant vegtibales should we eat a day? |