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Thighs and Hips

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| **Across**  **1.** located in the buttocks and is responsible for the movement of the hip and thigh  **11.** flexes the leg at the knee  **12.** starts at groin and extends to tibia, is responsible for hip adduction  **13.** adducts thigh and forms the medial wall of the femoral triangle  **14.** most medial, or inner, of the quadriceps muscles and extends the entire length of the thigh | **Down**  **2.** muscle attaches to the hip and helps to extend or raise knee  **3.** occupies posterior section of the thigh and important for knee flexion and hip extension  **4.** aids in the lateral rotation of the tibia  **5.** made up by psoas major and iliacus, stabilizes back  **6.** most anterior adductor of the hip  **7.** lies between the semimembranosus muscle and biceps femoris, for flexing the knee and extending the hip  **8.** located in the buttocks and supports the body on one leg  **9.** longest muscle in the entire human body, is an important flexor and rotator of the thigh  **10.** largest and most powerful part of the quadriceps and allows body to rise up from squatting position |