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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Thinkin Error

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| **1.** Holding someone else responsible | **A.** corrosion and cutoff |
| **2.** Looking for a reason to explain why they were right in what they did | **B.** Pet Me |
| **3.** A form of Justifying | **C.** Keeping Score |
| **4.** Portraying to be the victim on consequences that they have created | **D.** Excuse Making |
| **5.** Finding a more suitable label for behaviors | **E.** Procrastinating |
| **6.** Playing dumb or cofused about the behaviors | **F.** Forgetting |
| **7.** Making things up that are not true | **G.** Justifying |
| **8.** Telling the least amount of information and leaving out sections | **H.** Catastrophizing |
| **9.** When on pretends to afree or understand but they really do not | **I.** Helplessness |
| **10.** Using "I forgot" or "I don't know" to avoid to telling the truth | **J.** Religiosity |
| **11.** Using anger to intimate or push away others | **K.** Omission |
| **12.** Person wanting to be noticed and approved of | **L.** Victim Status |
| **13.** Painting the worst picture possible ot make things look very worst for them | **M.** Redefining |
| **14.** Putting of their responsibility | **N.** Commission |
| **15.** Keeping track of the mistakes of others and avoiding own | **O.** False Anger |
| **16.** Presenting self as unable and needing others to do things for them | **P.** Blaming |
| **17.** My way of doing this is better than any other way | **Q.** My Way |
| **18.** Using religion to avoid treatment | **R.** Puzzlement |
| **19.** The total process of using thinking errors | **S.** Assent |