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Uniquely You

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| **Across**  **3.** Being worthy of honor.  **4.** The feeling of being sure of yourself and your abilities  **6.** This reveals who you are and includes the way you look, think, and act.  **8.** Includes traits received from your parents and ancestors  **11.** The way a person feels about his or her self-concept or self-worth  **12.** This means that you are more able to get past difficult times and challenges. It means you don’t give up and can get through hard times. | **Down**  **1.** The traits and personality of each person are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.  **2.** The way a person sees himself or herself. Generally answers the question, "Who am I?"  **5.** This includes your surroundings and the people in your life.  **7.** Having respect for yourself and acting worthy of honor.  **9.** The distinguishing characteristics of a person. Can be physical or personality.  **10.** Hair, eye, and skin color, along with height and body build, are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ physical traits. |