Wellness

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| B | V | F | H | Y | K | O | X | G | Q | H | E | I | T | A | S | P |
| H | G | U | O | C | Z | D | L | C | D | S | T | S | P | Q | K | M |
| K | T | A | O | R | H | T | E | R | O | S | F | L | F | S | F | D |
| Z | R | G | Q | K | Q | G | Z | N | J | G | Z | E | A | F | Q | E |
| B | E | R | V | B | P | S | Y | Q | K | R | D | E | O | R | T | H |
| A | O | Z | U | Z | P | F | I | E | A | L | H | P | W | O | S | Y |
| Z | F | D | Q | N | F | R | U | N | Q | G | K | T | H | S | I | D |
| Q | E | X | Y | U | N | O | J | S | F | M | Y | S | N | U | C | R |
| Z | V | H | T | A | O | Y | I | K | N | L | U | T | O | S | K | A |
| P | E | S | Z | E | C | S | N | H | C | L | U | S | Y | A | V | T |
| S | R | K | R | U | O | H | B | O | F | R | B | E | P | L | P | I |
| B | I | P | N | N | Q | V | E | Q | S | B | H | R | N | B | J | O |
| S | S | B | G | H | A | C | B | S | C | E | I | I | A | Z | D | N |
| D | H | A | D | M | C | G | N | I | H | S | A | W | D | N | A | H |
| O | I | P | R | S | Y | M | P | T | O | M | S | Q | B | T | W | E |
| D | T | E | M | P | E | R | A | T | U | R | E | W | M | Y | Z | H |
| Q | G | N | A | N | U | K | P | L | C | R | S | L | L | I | H | C |

   sleep       stuffy nose       body aches       diagnosis       symptoms       runny nose       flu shot       rest       soap       sore throat       influenza       handwashing       temperature       sick       cough       chills       feverish       dehydration