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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| F | J | N | E | P | I | K | E | W | H | L | S | H | L | C | F | Q | N | J | M | R | E | V | O |
| L | A | U | L | K | K | Y | Z | I | B | X | D | C | N | W | H | L | U | B | E | S | A | B | B |
| L | L | O | R | D | R | A | W | R | O | F | C | P | V | Z | M | F | A | P | S | A | U | N | A |
| M | J | W | L | X | Y | L | E | E | H | W | T | R | A | C | Q | G | J | X | T | C | G | Z | C |
| J | E | R | E | V | O | K | L | A | W | T | N | O | R | F | I | B | Z | E | R | A | E | L | K |
| T | H | A | B | W | K | W | G | N | I | R | P | S | D | N | A | H | T | N | O | R | F | B | T |
| I | T | N | U | O | M | S | I | D | M | L | P | X | R | T | K | G | W | W | W | D | V | A | U |
| D | M | N | J | E | S | M | G | N | I | R | P | S | D | N | A | H | K | C | A | B | E | S | C |
| T | L | C | U | N | K | Z | I | P | N | A | H | E | W | J | O | K | X | Z | U | F | K | K | K |
| H | C | T | E | R | T | S | L | E | E | H | Y | T | W | V | H | J | C | Q | W | M | J | E | H |
| F | A | B | T | B | Y | J | E | N | S | M | V | Q | W | H | N | M | T | N | O | G | Q | T | C |
| R | N | F | N | U | F | X | U | S | Y | H | P | A | R | G | O | E | R | O | H | C | E | T | F |
| R | D | K | U | L | V | C | H | E | E | R | L | E | A | D | I | N | G | M | L | I | Q | O | D |
| L | L | X | O | B | T | G | P | W | U | F | L | P | I | T | W | C | B | W | K | I | Q | S | N |
| V | E | I | M | S | R | E | P | C | X | S | B | T | A | M | V | R | Z | R | Z | B | Y | S | A |
| I | S | H | J | X | Q | C | D | R | W | S | H | G | F | Z | B | N | E | A | A | T | Q | Z | T |
| G | T | Y | B | A | C | K | W | A | L | K | O | V | E | R | O | H | S | L | H | P | N | L | S |
| B | I | M | U | Z | V | F | U | F | I | K | F | D | P | I | Z | N | U | U | I | Y | T | G | D |
| Z | C | I | F | J | J | B | Y | Y | D | T | P | N | S | J | N | C | K | R | S | O | Z | W | N |
| I | K | T | X | R | C | L | B | T | P | H | C | N | U | Z | U | H | F | A | F | V | E | P | A |
| D | H | T | V | E | B | R | W | P | K | M | E | Z | V | Q | O | A | P | Q | N | Q | M | J | H |
| G | N | Y | G | N | E | M | L | U | W | T | H | Y | T | T | N | N | H | L | P | U | Q | M | U |
| E | J | U | S | V | N | W | B | X | X | F | Z | O | C | W | V | T | R | K | W | B | S | X | G |
| Q | A | H | B | V | Y | C | O | E | I | R | I | N | H | J | X | V | R | T | I | G | G | L | J |

   mount       heel stretch       herkie       extension       dismount       chant       choreography       candle stick       base       basket toss       front handspring       back handspring       pike       forward roll       handstand       cartwheel       back walk-over       front walk-over       back tuck       cheerleading