|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

cooking time

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| I | S | I | O | N | R | W | Q | P | Q | F | V | L | G | G | N | I | L | L | I | R | G | O | S |
| R | U | O | J | Z | X | B | S | N | E | V | B | E | R | N | T | V | E | W | Z | R | C | S | B |
| Q | O | L | J | E | F | A | A | D | U | S | F | V | B | N | D | U | V | G | D | H | S | A | B |
| M | R | Z | R | Q | U | B | O | K | X | D | O | R | L | Z | R | G | M | U | W | Y | R | O | Z |
| E | B | G | N | T | O | A | N | K | G | T | G | Z | T | Q | Y | N | G | T | A | B | Y | Z | E |
| N | C | B | E | P | Z | K | G | L | G | M | N | O | K | L | A | O | L | F | E | T | Q | T | Y |
| S | Z | D | X | H | G | J | U | V | Z | Y | I | U | G | X | L | J | P | Q | L | R | R | H | R |
| E | X | Q | G | J | L | W | D | F | Z | C | H | S | N | M | S | I | U | K | S | O | O | S | G |
| K | L | F | Y | J | N | C | Z | P | M | R | C | R | J | W | B | I | G | C | A | G | T | Y | M |
| V | N | W | H | H | G | I | Y | L | J | A | A | C | W | O | N | H | I | S | F | H | V | D | B |
| X | S | I | K | D | A | O | R | W | P | D | O | R | S | G | Z | R | T | J | H | Z | W | T | H |
| B | T | D | S | R | J | I | D | F | X | O | P | F | T | R | P | I | F | P | T | T | L | P | T |
| Z | B | R | N | H | O | Y | E | J | A | A | E | W | E | D | N | C | P | V | G | S | A | S | C |
| K | N | X | M | I | L | S | L | E | I | X | G | V | W | G | K | Y | X | O | T | G | A | Q | H |
| F | N | X | W | W | D | L | I | R | F | T | B | F | I | D | I | C | T | B | Q | N | O | Y | A |
| M | J | Z | C | Y | J | T | F | N | H | O | P | Y | N | L | I | C | J | P | O | I | L | W | R |
| H | L | Z | G | D | Z | R | R | C | I | S | O | O | G | R | O | H | O | Z | B | L | X | C | G |
| Y | P | S | X | N | Y | F | Y | L | P | H | S | L | C | G | L | W | J | A | C | B | O | U | R |
| J | C | Z | Q | I | P | G | I | S | O | T | I | R | P | B | G | I | Z | M | Y | M | S | G | I |
| X | G | T | N | P | N | N | Z | P | Z | P | D | I | P | A | S | Q | I | X | M | A | H | N | L |
| S | F | G | C | I | G | S | S | Z | Y | P | W | J | K | W | I | N | E | H | N | R | C | I | L |
| C | O | M | Y | L | Z | D | I | T | H | P | J | T | S | E | B | L | Z | D | W | C | D | K | O |
| N | L | R | G | O | P | Q | L | G | N | I | T | S | A | O | T | H | S | V | Q | S | K | A | D |
| V | F | L | N | N | Y | B | R | H | A | U | Y | O | C | T | K | T | B | C | J | V | N | B | G |

   sauted       chargrill       airfrying       boiling       stewing       baking       roasting       barbequing       toasting       scrambling       poaching       frying       grilling