|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

food

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| U | Q | V | T | K | B | U | G | E | E | J | I | S | Z | L | A | Q | H | S | F | G | U | D | L |
| E | M | G | F | D | L | U | B | K | W | T | H | T | U | L | O | X | P | O | E | R | X | T | H |
| K | T | Q | C | W | U | G | V | D | M | X | I | C | C | G | O | C | B | L | D | V | J | G | P |
| E | W | A | Q | Z | K | M | Z | Z | O | L | I | T | E | H | U | Q | K | Y | E | Y | W | W | Y |
| G | J | K | I | W | N | I | P | P | G | W | X | Z | P | O | G | H | G | G | L | P | I | M | P |
| H | H | O | C | L | G | N | U | D | W | S | L | Q | L | V | M | J | E | L | X | K | F | Z | X |
| H | I | V | S | T | B | E | K | K | V | F | F | T | T | E | U | T | N | Z | M | U | Y | J | D |
| R | A | R | J | A | Y | R | K | Y | A | C | R | O | P | S | A | H | D | W | G | K | E | H | T |
| U | S | R | M | F | K | A | M | T | X | Z | R | S | Y | R | U | S | T | S | O | O | U | B | X |
| B | C | L | X | Z | U | L | K | T | Y | J | Q | S | I | K | P | R | A | R | L | B | O | O | N |
| Z | T | O | Z | B | V | S | O | B | G | X | S | A | V | V | O | H | F | P | A | W | R | V | N |
| X | C | G | M | T | G | C | U | H | F | D | N | J | Y | G | D | J | T | A | H | H | K | A | C |
| X | V | R | B | B | C | M | V | U | T | N | I | Q | Y | N | X | Q | F | Z | M | J | R | R | Y |
| R | O | J | A | S | C | N | N | C | H | B | M | B | S | V | H | Q | P | Z | U | M | Q | S | M |
| T | S | O | L | R | Q | A | B | I | A | K | A | J | L | P | Z | J | G | L | F | H | U | Q | B |
| R | F | D | E | Z | X | N | O | R | I | W | T | O | Y | Q | E | L | K | U | Q | R | F | T | Q |
| E | H | B | J | L | U | V | N | J | L | Y | I | M | Y | P | J | B | G | S | C | S | S | N | C |
| N | U | N | I | E | T | O | R | P | X | R | V | P | F | R | N | K | E | D | N | C | W | S | D |
| W | T | Y | L | W | L | T | J | R | W | Z | K | G | G | R | J | M | B | E | I | G | P | X | W |
| C | P | E | T | M | Q | N | E | G | U | S | S | Z | S | B | U | D | P | U | Z | Z | I | V | T |
| C | R | A | N | T | M | G | M | A | B | A | L | X | S | G | J | H | X | P | D | N | D | I | F |
| G | W | X | V | D | U | G | H | P | A | L | F | B | E | T | T | H | O | S | V | B | Z | T | A |
| L | S | C | A | S | C | X | N | D | X | T | O | L | X | V | A | I | U | K | Z | Y | E | Q | V |
| X | J | D | Q | H | W | Z | U | N | B | S | Q | P | A | N | C | X | H | Q | S | N | G | S | S |

   minerals       protein       suger       salt       zinc       vitamins       vegetarian       legumes       iron       fat