|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

food for energy

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| P | N | Y | C | H | Y | H | D | D | B | B | H | D | U | U | U | V | X | B | F | U | C | E | A |
| Z | X | D | F | E | C | W | E | C | U | D | X | W | C | L | O | F | Q | S | L | W | Z | Y | V |
| V | F | H | N | A | R | M | J | H | D | O | F | V | N | E | O | V | Z | P | U | X | F | V | P |
| H | Y | A | Q | L | F | T | Z | P | W | R | J | O | X | E | H | K | C | R | O | G | O | B | G |
| H | M | Q | B | T | A | Y | O | H | P | R | E | L | H | U | G | Y | G | N | R | G | N | I | D |
| L | P | B | O | H | V | Q | A | L | P | J | V | H | P | Z | H | J | I | X | I | D | Z | U | V |
| K | N | G | M | G | P | H | E | D | Y | Z | B | S | C | U | B | D | U | C | D | R | G | S | S |
| T | G | F | R | U | J | A | G | C | J | D | K | L | E | T | R | D | R | F | E | R | K | T | T |
| T | G | P | J | O | Q | T | R | X | X | Z | I | I | K | L | U | W | A | K | U | V | Y | C | O |
| I | T | L | C | U | F | F | N | W | J | T | D | Q | N | P | U | L | X | P | O | R | U | D | F |
| R | I | T | E | G | M | D | I | J | W | B | I | X | V | A | R | O | K | F | N | N | C | Y | Q |
| D | N | F | P | N | I | Y | E | B | P | A | G | A | F | G | V | L | J | Q | C | A | X | I | B |
| X | W | C | U | Q | E | N | U | F | R | T | E | M | P | C | I | L | K | O | R | V | A | J | V |
| M | C | W | A | O | V | R | T | Z | Q | E | S | S | S | J | R | T | P | B | L | I | P | P | T |
| E | K | D | G | L | I | I | G | D | C | S | T | G | J | R | O | T | O | H | D | I | P | J | G |
| A | R | T | J | W | C | E | W | Y | B | Y | I | E | J | W | N | H | J | R | W | L | K | Q | T |
| N | M | X | F | E | D | I | K | G | K | F | O | S | U | A | Y | Z | W | J | X | C | E | K | J |
| B | Y | F | H | S | B | G | U | S | K | D | N | E | U | D | C | B | A | E | L | K | D | I | S |
| N | U | U | N | E | K | J | S | M | S | Z | X | F | R | P | D | L | O | N | N | D | V | N | E |
| G | Q | G | W | V | Q | D | Y | H | C | K | M | A | Q | S | M | C | O | D | J | F | I | W | S |
| K | Y | V | K | C | A | E | R | T | M | X | T | S | P | Q | X | R | W | Z | L | M | P | E | W |
| Q | A | Z | P | J | D | D | S | R | N | E | D | C | V | U | T | E | L | J | Z | C | Z | N | T |
| M | B | B | Q | G | K | G | S | I | Z | D | G | G | F | Y | M | J | J | F | G | I | N | O | O |
| E | X | F | V | U | G | H | Y | C | C | T | S | O | Y | J | F | U | L | W | M | L | V | E | D |

   energy       health       fluoride       fibre       iron       calcium       kilojoules       digestion       carbohydrate       diet