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| **Across**  **1.** Weight and height to determine overweight or obesity  **7.** The amount of energy valie in foods  **9.** Body needs to stay alive and carry on vital loose out  **11.** A person that starves themselves  **13.** Unborn baby  **14.** Fat and tissue that make up body weight  **15.** Diet that is popular for a short period of time  **16.** loss of body fluids  **17.** Behavior that harms one physically or mentally | **Down**  **2.** Eating habits and activities in order to eating amounts of food  **3.** Boold cannot contron blood sugar levels  **4.** Heart rate to increase for at least 20 minutes  **5.** Large repeated episodes of uncontrolled eating amounts of food  **6.** Inappropriate behaviors to prevent weight gain  **8.**  a person's heart rate and breathing  **10.** Short intense burst of burning energy  **12.** Antibodies in breast milk and it will protect the body from infection |