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| **Across****1.** Weight and height to determine overweight or obesity**7.** The amount of energy valie in foods**9.** Body needs to stay alive and carry on vital loose out**11.** A person that starves themselves**13.** Unborn baby**14.** Fat and tissue that make up body weight**15.** Diet that is popular for a short period of time**16.** loss of body fluids**17.** Behavior that harms one physically or mentally | **Down****2.** Eating habits and activities in order to eating amounts of food**3.** Boold cannot contron blood sugar levels**4.** Heart rate to increase for at least 20 minutes**5.** Large repeated episodes of uncontrolled eating amounts of food**6.** Inappropriate behaviors to prevent weight gain**8.**  a person's heart rate and breathing**10.** Short intense burst of burning energy**12.** Antibodies in breast milk and it will protect the body from infection |