|  |  |  |
| --- | --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_ | Period: \_\_\_\_\_\_\_ |

legumes nuts and seeds

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| C | L | K | F | B | F | S | U | N | F | L | O | W | E | R | S | E | E | D | S | Q | G | L | G |
| S | E | M | U | G | E | L | U | B | Y | D | K | M | N | H | T | P | U | I | G | R | I | J | X |
| U | S | I | A | I | Y | N | X | U | Y | C | A | V | U | X | W | K | V | N | Q | K | P | V | N |
| U | W | P | A | T | V | N | S | D | G | J | Q | V | T | A | C | O | L | R | P | M | S | H | W |
| G | E | A | P | W | X | W | A | G | V | S | U | L | S | K | S | X | P | K | O | H | Q | G | K |
| B | H | P | W | P | S | V | H | C | R | D | Q | S | C | S | J | O | I | N | C | S | Q | C | W |
| X | S | C | D | D | K | F | H | S | E | N | C | E | A | E | S | S | Y | R | L | J | N | R | G |
| W | A | V | N | D | T | E | A | I | V | P | T | Y | E | T | U | N | A | E | P | K | P | G | G |
| S | C | I | E | C | V | J | C | J | L | K | V | Q | P | R | I | U | J | N | F | S | A | Z | E |
| Y | C | A | M | T | Z | Z | O | B | R | J | L | I | W | D | F | P | B | P | S | D | E | Y | V |
| W | H | X | A | J | N | N | R | D | X | M | S | F | G | L | P | W | E | E | T | E | P | E | G |
| S | E | R | S | Y | O | H | N | R | H | T | O | A | A | G | Y | F | A | P | K | E | K | O | F |
| R | M | F | E | G | E | Z | S | N | A | W | N | W | A | L | N | U | T | E | P | S | C | S | T |
| J | P | X | S | G | N | G | C | C | L | Z | I | A | I | C | P | L | M | N | M | R | I | T | U |
| D | D | U | M | B | B | F | H | A | X | K | E | K | S | H | N | E | C | I | U | E | H | I | N |
| M | N | X | H | K | M | I | H | D | A | S | O | T | X | I | G | W | N | P | F | W | C | X | J |
| W | T | O | A | A | O | F | L | A | X | J | P | S | R | A | K | M | C | D | W | O | I | S | T |
| P | O | D | M | C | Z | S | Q | R | S | Q | F | L | M | E | X | N | L | C | U | L | A | V | P |
| U | E | L | W | L | E | E | O | G | Z | P | I | C | J | Y | B | J | U | B | E | F | Q | Q | F |
| M | H | A | T | E | A | P | L | I | E | Z | C | Z | J | J | K | L | F | A | V | A | A | P | F |
| P | U | I | D | M | X | F | F | N | A | C | Y | H | W | H | D | G | I | C | A | Z | Z | O | T |
| K | N | S | C | I | G | H | U | R | U | X | D | V | C | S | B | M | X | F | U | N | Q | P | C |
| I | W | I | O | A | V | Z | B | Y | F | T | Z | F | Y | S | M | P | H | X | H | D | T | P | C |
| N | W | P | S | W | W | A | T | E | R | M | E | L | O | N | S | E | E | D | S | B | Q | Y | S |

   pistachio       pecan       flax       chickpea       brazil       pumpkin       pine       peanut       filbert       chia       almond       sesame       pepitas       hazelnut       fava       poppy       hemp       cashews       flower seeds       sunflower seeds       acorns       legumes       nuts       seeds       walnut       watermelon seeds