nutrient crossword

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|  |  |  |  |  |  |  |  | 4  V | I | T | A | M | I | N | B | 7 |  |  |  |
|  |  |  |  |  |  |  | 5  V |  | T |  | M |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 6  V | I | T | A | M | I | N | D |  |  |  |  |  |  |
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|  |  |  |  | 7  V | I | T | A | M | I | N | S | A | A | N | D | C |  |  |  |
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|  |  |  |  |  |  | 8  V | I | T | A | M | I | N | 9  A |  |  |  |  |  |  |
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|  |  |  | 10  I | R | O | N | D | E | F | I | C | I | E | N | C | Y |  |  |  |
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| **Across**  **2.** what causes bleeding gums  **4.** what causes you to have Brittle hair and nails  **6.** what causes bone and back Pain  **7.** what causes red or white bumps on the skin  **8.** what causes poor night vision and white growths on the eyes  **10.** what causes mouth ulcers or cracks in the corners of your mouth | **Down**  **1.** what keeps your body healthy  **3.** what causes Poor Wound Healing  **5.** what vitamin helps with Depression  **9.** A blood disorder that causes lack of energy, weakness... |