nutrient crossword

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | 1V |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 2V |  I |  T |  A |  M |  I |  N |  C |  |  |
|  |  |  |  |  |  |  |  |  | 3V |  |  T |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | 4V |  I |  T |  A |  M |  I |  N |  B |  7 |  |  |  |
|  |  |  |  |  |  |  | 5V |  |  T |  |  M |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 6V |  I |  T |  A |  M |  I |  N |  D |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  T |  |  M |  |  N |  |  |  |  |  |  |  |  |
|  |  |  |  | 7V |  I |  T |  A |  M |  I |  N |  S |  A |  A |  N |  D |  C |  |  |  |
|  |  |  |  |  |  |  |  M |  |  N |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 8V |  I |  T |  A |  M |  I |  N | 9A |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  N |  |  |  |  |  |  N |  |  |  |  |  |  |
|  |  |  | 10I |  R |  O |  N |  D |  E |  F |  I |  C |  I |  E |  N |  C |  Y |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  M |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  I |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  A |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across****2.** what causes bleeding gums**4.** what causes you to have Brittle hair and nails**6.** what causes bone and back Pain**7.** what causes red or white bumps on the skin**8.** what causes poor night vision and white growths on the eyes**10.** what causes mouth ulcers or cracks in the corners of your mouth | **Down****1.** what keeps your body healthy**3.** what causes Poor Wound Healing**5.** what vitamin helps with Depression**9.** A blood disorder that causes lack of energy, weakness... |