nutrition quest

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| **Across**  **4.** influence of others  **5.** foods that have been stored  **6.** a condition from above normal weight  **7.** a diet thats used for short time  **10.** producing breast milk  **11.** a thick fluid to prevent infections  **15.** a starved eating disorder  **18.** meeting physical demands  **22.** a condition of excessive fat  **23.** amount of nutrients  **27.** to control blood sugar levels  **28.** a unit to measure value in food  **29.** unborn baby  **30.** a body's mass index  **31.** a reaction to food without harm  **32.** a calculation of one's weight | **Down**  **1.** repeated weight gain behaviors  **2.** a reaction to the immune system  **3.** this makes up all body weight  **8.** making changes to your eating habits  **9.** foods with plenty vitamins  **12.** repeated episodes of large eating  **13.** burning energy  **14.** a vigorous activity  **16.** abnormal eating behavior  **17.** care of pregnant woman  **19.** physical or mental  **20.** stages of human growth  **21.** baby doctors  **24.** a physical activity  **25.** energy our body needs to function  **26.** abnormal loss of body fluids |