nutrition quest

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| **Across****4.** influence of others**5.** foods that have been stored**6.** a condition from above normal weight**7.** a diet thats used for short time**10.** producing breast milk**11.** a thick fluid to prevent infections**15.** a starved eating disorder**18.** meeting physical demands**22.** a condition of excessive fat**23.** amount of nutrients**27.** to control blood sugar levels**28.** a unit to measure value in food**29.** unborn baby**30.** a body's mass index**31.** a reaction to food without harm**32.** a calculation of one's weight | **Down****1.** repeated weight gain behaviors**2.** a reaction to the immune system**3.** this makes up all body weight**8.** making changes to your eating habits**9.** foods with plenty vitamins**12.** repeated episodes of large eating**13.** burning energy**14.** a vigorous activity**16.** abnormal eating behavior**17.** care of pregnant woman**19.** physical or mental**20.** stages of human growth**21.** baby doctors**24.** a physical activity**25.** energy our body needs to function**26.** abnormal loss of body fluids |