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| **Across**  **3.** the body's resting rate of energy expenditure  **5.** The four stages of sexual responding described by Masters and Johnson - excitement, plateau, orgasm, and resolution  **6.** Maslow's pyramid of human needs, beginning at the base with physiological needs that must first be satisfied before higher-level safety needs and then psychological needs become active  **7.** a complex behavior that is rigidly patterned throughout a species and is unlearned  **9.** a positive or negative environmental stimulus that motivates behavior  **11.** a need or desire that energizes and directs behavior  **12.** a tendency to maintain a balanced or constant internal state; the regulation of any aspect of body chemistry, such as blood glucose, around a particular level | **Down**  **1.** the idea that a physiological need creates an aroused tension state (a drive) that motivates an organism to satisfy the need  **2.** significant binge-eating episodes, followed by distress, disgust, or guilt, but without the compensatory purging, fasting, or excessive exercise that marks bulimia nervosa.  **4.** an eating disorder in which a normal-weight person diets and becomes significantly underweight, yet, still feeling fat, continues to starve  **8.** the point at which an individual's "weight thermostat" is supposedly set. When the body falls below this weight, an increase in hunger and a lowered metabolic rate may act to restore the lost weight.  **10.** an eating disorder characterized by episodes of overeating, usually of high-calorie foods, followed by vomiting, laxative use, fasting, or excessive exercise |