|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

white meat and poultry

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| W | T | R | M | Y | O | Q | H | U | O | W | I | P | H | A | P | D | D | P | S |   | S | Y | G |
| G | M | I | S | N | A | Y | P | M | S | Q | S | Y | W | H | O | R | R | K | T | N |   | S | U |
| P | Y | C | A | U | P | M | H | I | S | Y | M | C | T | O | T | U | U | T | Y | C | E | T | E |
| G | C | I | S | P | Y | Y | H | N | T | B | Y | A | H | T | S | E | M | O | I | L |   | E | D |
| B | H | O | N | T | U | R | K | E | Y |   |   | L | I | O | O | D | S | K | I | O | G | G | N |
| D | I | N | C | H | G | U | G | P | D | K | U | Y | G | S | D | W | T | B | B | S | N | N |   |
| K | C | U | E | W | H | O | L | E |   |   | N | K | H | T | C | W | I | D | P | K | M | E | B |
| N | K | I | E | Q | G | K | N | R | W | H | W | G |   | G | W | H | C | K | N | S | M | D | D |
| Q | E | D | H | A | N | M | A | U | D | D | W | O |   | A | C | E | K | W | D | G | B | Y |   |
| Y | N | Q | D | P | N | L | W | G | W | N | P |   |   | C |   | R |   | Q | Q | M | R | K | Y |
| C | T | K | Q | P | T | T | M |   | I | D | C | D | N | R | B | M |   | G | A | C | E | R | K |
| L | Q | U | Y | D | S |   |   | P | N |   | D | C | H | A | G | M | W | I | U | Q | A | T | L |
| N | B | E | C | N | N | A | S | I | G | O | R | D | A | H | Q | M | G | A | I | K | S | G | E |
| I | Q | U | U | G | G | I | C | G | S | S | M | I | M | W | U | A | W | N | U | G | T | A | S |
| K | E | E | C | K | E |   | C | E |   | A | I |   | G | G | A | Q | S | W | S | U |   | T | I |
| D | E |   | H | N | R | B | E | O | A | R | E | A | O | K | I | P | T | R |   | H |   | G | N |
| D | U | C | K |   |   |   |   | N | E | R | P | U | O | U | L |   | Q | M |   | G |   | Y | C |
| O | D | Q | O | S | R | M | I |   | G | E | B |   | S | K |   | W | Y | W | E | M | R | M | N |
| S | U | G | O | C | G | Q | E |   | W | U | A | U | E | U |   | S | E | W | I | D | Y | K | S |
| E | S | M | K | O | L | I | N |   | Q | R | C | Y |   | D |   | E | N | S | D | R | N | B | I |
| D | P | C | S | A |   | K | G | M | U | Q | E | W |   | O | C | H | I | C | K | E | N |   |   |
| D | Q | T | C |   | D | K | G | L |   | P | C | A |   | N | R | U | O | D | O | K | R | B | Q |
| O |   | W | L | O | W | L | K | S | E | D | D | B | I | L | B | W | K | I | I | I | B | R | E |
| U | U | Y | E | R | Y | C | L | S | Q | Q | S | Q | M | A |   | I | R | L | U | N | S | D | P |

   Wings        Drumstick        Thigh        Whole        Breast        Quail        Goose        Pigeon        Turkey        Duck        Chicken        chicken